



# Youth & Family

## First Lutheran Church

### The Best Cheeseburger Soup

- 2 cups potatoes, peeled and cubed
- 2 carrots, peeled and grated
- 1 small onion, chopped
- 1 clove garlic, minced
- 1 1/2 cups water
- 1 tablespoon beef bouillon granules (about 4 cubes)
- 1/2 teaspoon salt
- 1 pound ground beef, browned and drained
- 2 1/2 cups milk (divided use)
- 3 tablespoons all-purpose flour
- 8 ounces Velveeta, cubed
- 1/2 pound bacon, crisply cooked and crumbled

1. Brown and crumble ground beef.

Drain excess grease and set aside.

2. Combine first 8 ingredients in a large saucepan; bring to a boil over medium-high heat. Reduce and simmer until potatoes are tender.

3. Stir in beef and 2 cups of milk.

In a small bowl, whisk together flour and remaining 1/4 cup of milk until smooth. Gradually whisk into soup.

4. Bring to a boil; cook 2 minutes or until thick and bubbly, stirring constantly (no mixture does not burn.)

5. Reduce heat; add cheese and stir until completely melted. Garnish with bacon and serve.

### Ash Wednesday Lenten Service is March 2nd at 5:30pm.

Given the Lenten focus on sacrifice, abstinence and plainness, Lenten suppers are simple, having foods like soups.

## THIS WEEK'S LESSON: JESUS NEVER SINNED



### IN THE CAR:

Ask your child what they learned about this week on the drive home: Every single one of us has sinned at some point when we were tempted. As the Son of God, Jesus is the only person in history who lived a perfect life without sin. With Jesus' help, we can resist temptation too. Luke 4:1-13, The Temptation of Jesus



### HANGING OUT:

Make this week's lesson real:

Temptation is all around: the temptation to disobey, the temptation to take an extra piece of candy, the temptation to tease siblings. This week, point out the temptations your kids face as they come up. Talk about how to resist them, and encourage your kids to ask for Jesus' help in overcoming temptation.



### AT DINNER:

Here are some great discussion starters:

- What happened when Jesus spent 40 days in the desert?
- How did Jesus resist the devil's temptations?
- How can we resist temptation?



### AT BEDTIME:

Quiz your child on this week's memory verse:

"Jesus answered, 'I am the way and the truth and the life. No one comes to the Father except through me.'" John 14:6 (NIRV)



### PARENT TIME:

What you need to know:

Our temptations to sin might be vastly different from our kids', but we all must turn to the Savior in order to resist them. Take a realistic look at the temptations that you face. Which ones have you given up trying to resist? Take your shame and frustration to Jesus and renew your commitment to try. Your kids will learn from your example of humble submission to God.



Thanks to the Tweens/8-12 Youth Groups for setting up the Donuts and Lutefisk Dinner. They were a great success and could not have happened without your great help!

Thanks to Chase and Mason for stepping in to assist at Lutefisk Dinner. Loved having you!

Please join us as Lenten Worship services continue on Thursdays, March 10th to April 7th @ 5:30 followed by Soup Supper.

Don't forget to sign up and/or help. Bring your favorite soup! Signups in Narthex.